



Ascent to High Places

January 13-15, 2023

## **Trip Details**

### **What is Polar Thang?**

Polar Thang is our annual middle school winter retreat at Twin Lakes in Florence, MS. Though space is limited, high school students can contact Colton Underwood to apply to be part of the Work Crew. Join us for a weekend of fellowship in the great outdoors. We will play games, worship, learn, and even take the dreaded polar lake plunge!

**Cost:** \$175.00

### **Travel Details:**

January 13th - Meet at FPC @ 5:00pm for dinner before we leave at 6:00pm. Please make every effort to arrive no later than 5:00pm so that your child will have plenty of time to check in and eat. We should arrive at Twin Lakes around 9:00pm.

January 15th - Leave Twin Lakes after lunch. We should arrive back at FPC between 4:00-5:00pm.

### **Emergency contacts:**

- Colton Underwood – 765-491-0507
- Jessica Saffell 225-921-2175
- Twin Lakes Camp- 601.845.6858  
(155 Milner Road, Florence, MS 39073)

## **What to Bring**

- Sleeping bag or sheets & blanket (cabins will be heated)
- Pillow
- Toiletries
- Towel
- Clothes: Jeans, shorts, tee-shirts, tennis shoes, socks, rain jacket, coat, swimsuit for Polar Plunge (1-piece only for girls)
- Athletic gear (free-time activities)
- Set of dark clothes (or Camo) for night games
- Costume for Saturday night: Winter Olympics
- Bible, pen, and notebook
- Flashlight
- Water-bottle
- Snacks for cabin (If you send snacks, please include air-tight storage)
- Bug spray