



Trip Details

What is Polar Thang?

Polar Thang is our annual Middle School winter retreat to the Twin Lakes camp in Florence, MS. We invite all of the youth ministry (high schoolers can come and be a part of the Work Crew) to join us for a long weekend of fellowship in the outdoors. We will play games, worship, learn, and even take the dreaded polar plunge into one of the lakes. Come join us for a weekend in God's creation!

Travel Info:

January 12

- Meet at FPC @ 5pm
- We would like to be on the road by 5:30 so don't be late
- Students will need to have \$\$ for dinner
- We should arrive at Twin Lakes by 9pm

January 14

- Leave Twin Lakes at noon
- Students will need to have \$\$ for lunch
- We should arrive back at FPC by 4pm

Emergency contacts

Josh Cell Phone: 214.293.2011

Thomas Cell Phone: 832.338.1823

Twin Lakes Camp: 601.845.6858

155 Milner Road, Florence, Mississippi 39073

What to Bring

- Sleeping Bag / Sheets
- Pillow
- Toiletries
- Towel
- Clothes:
 - Jeans & Shorts (clothes to walk around in)
 - T-Shirts
 - Shoes & Socks
 - Jacket (Cold / Rainy)
 - Swimsuit (PolarPlunge jump in)
 - Athletic gear (free-time activities)
 - Set of dark clothes (or Camo) for night games
- Bible & Pen
- Notebook
- Flashlight
- Water-bottle
- Bugspray
- Money for 2 travel meals
- Phone Charger*

They can bring their phones for the drive to and from camp, but will not be allowed to use them during camp

First Presbyterian Church – Baton Rouge Liability Release Form

Participant Name _____ Date of Birth _____

Address _____ City _____ State _____ Zip _____

As a participant or parent / guardian of above minor child and participant in the programs or events of First Presbyterian Church of the City of Baton Rouge I do hereby release, forever discharge and hold harmless it, and its agents, employees, officers, directors, pastors, trustees, volunteers and insurers (collectively "FPCBR"), from any and all liability, claims, or demands for personal injury, sickness or death, as well as property damage and expenses arising at or out of such events.

This release covers any and all transportation or drivers provided by FPCBR who are properly licensed to drive, whether driving church owned vehicles or privately owned vehicles. This release also covers meetings on the FPCBR property or any other site during programs and activities.

I further consent to emergency medical or dental treatment, including examination, diagnosis, treatment, anesthetic, and surgical treatment, agree to pay all costs and expenses associated therewith.

- Check here if you give FPCBR permission to publish and print, electronic, or video format the likeness or image of your child. By not checking this box, you release all claims against FPCBR with respect to copyright ownership and publication including any claim for compensation related to use of the materials.

Participant's Insurance

Insurance Company: _____

Policy Number: _____

Known Allergies / Medication / Medical Problems: _____

Name of Parent / Guardian _____

Address _____ City _____ State _____ Zip _____

Emergency Contact _____ Phone _____

Signature of Parent / Guardian _____ Date _____

Staff Signature: _____