

## Volunteer and Safety Information

Our goal for every Habitat for Humanity work day is for the volunteers and homeowners to have a meaningful, enjoyable, and safe experience. Below is information you may find helpful to help attain our goal.

Please pay attention to your activities and the workers around you!

Contact Kristen Lastrapes at [Kristen@habitatbrla.org](mailto:Kristen@habitatbrla.org) for any questions or concerns.

### Volunteer Age Limitations

- **Under the age of 16:**  
Do not be present anywhere on construction site during this build.
- **Age 16 & 17:**  
Do help with all aspects of construction, except power tools.  
Do follow general safety guidelines.  
**Do not work with power tools.**  
**Do not work on ladders.**
- **Age 18 & Up**  
Do help with all aspects of construction.  
Do follow general safety guidelines.

### Volunteer Attire

The below dress code will be enforced at all HFHGBR job sites. This code has been compiled by HFHGBR, HFHI and OSHA standards.

1. Shoes – Closed toe shoes only. Work boots are preferred but thick soled tennis shoes will be allowed. Please make sure that tennis shoes have a solid grip on the sole. No slip on or Croc style shoes are allowed as they do not provide stable non-slip footing.
2. Pants/Shorts – Pants and/or shorts must not be tight fitting. Shorts are allowed but must be no higher than mid-thigh. No mini shorts allowed. Undergarments must be covered.
3. No skirts and dresses allowed.
4. Shirts – Either long sleeve, short sleeve shirts and t-shirts are allowed. No sleeveless shirts inclusive of tank tops, tube tops, spaghetti string tops, sport bras and halter tops are allowed. No suggestive or profanity sayings are allowed on any shirt. Fishnet and sheer shirts of any kind are not allowed. Skin must not be exposed in the torso area.
5. Any form of clothing that is tight fitting and/or suggestive is not allowed.
6. Piercings – No visible piercings of any kind are allowed except non-dangle earrings.
7. Jewelry – Dangling and bulky jewelry of any type is not allowed.
8. Headphones - No I-pods, walkmans, or ear devices are allowed during construction activities. Please note that ear devices for medical purposes are allowed on site.

You represent the Habitat for Humanity organization. These rules will be strictly complied with for safety reasons. If the construction supervisor deems anything that you may be wearing as a safety hazard and/or of a suggestive nature, he/she will not allow you to work on the job site, no exceptions

### Accidents on build site

- Do report an accident immediately to Habitat staff at the work site and go to hospitality area.
- Do complete an Accident/Incident report immediately (forms are available on the build site).

### General Safety

- Do take precautions to protect yourself from the sun and drink lots of fluids to stay hydrated.
- Do keep yourself aware of head-level material such as bracing and beams.
- Do be aware of length and height of materials as you carry them around the job site.
- Do lift with your legs, not your back.
- Do check behind you before swinging a hammer.
- **Do not work above the height posted on the ladder for safe use.**
- **Do not lean to one side when on a ladder. Keep ladder stable with hips within rails.**
- **Do not compromise safety when using cellular phones or pagers on job site.**

### Power Tools

- Do ensure that power cable is behind and away from the blade when using saw.
- Do use properly grounded equipment and cables.
- Do ask for training of tool before using if needed.
- **Do not use power tools outside if it's raining.**
- **Do not use a power tool above shoulder length.**
- **Do not use power tools or extension cables if the cables or cord appear damaged.**

**Alcohol** is not permitted on a Habitat for Humanity job site. Anyone obviously under the influence of alcohol will be asked to leave the site.