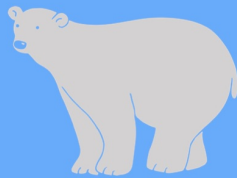


# *Polar Thang*



January 18 - 20

# Trip Details

What is Polar Thang?

Polar Thang is our annual Middle School winter retreat to the Twin Lakes camp in Florence, MS. We invite all of the youth ministry (high schoolers can come and be a part of the Work Crew - *limited space available*) to join us for a long weekend of fellowship in the outdoors. We will play games, worship, learn, and even take the dreaded polar plunge into one of the lakes. Come join us for a weekend in God's creation!

Cost: \$149\*

\*scholarships available upon request

Travel Info:

January 18

- Meet at FPC @ 5pm
- We would like to be on the road by 6 so don't be late
- We will eat dinner at the church before we leave
- We should arrive at Twin Lakes by about 9pm

January 20

- Leave Twin Lakes at noon
- Students will need to have \$\$ for lunch
- We should arrive back at FPC by 4pm

Emergency contacts

Paula Walker: 337.370.1760

Twin Lakes Camp: 601.845.6858

155 Milner Road, Florence, Mississippi 39073

# What to Bring

- Sleeping Bag / Sheets (cabins will be heated)
- Pillow
- Toiletries
- Towel
- Clothes:
  - Jeans & Shorts (clothes to walk around in)
  - T-Shirts
  - Shoes & Socks
  - Jacket (Cold / Rainy)
  - Swimsuit (PolarPlunge jump in)
  - Athletic gear (free-time activities)
  - Set of dark clothes (or Camo) for night games

## **Super-hero Outfit for Saturday night**

- Bible & Pen
- Notebook
- Flashlight
- Water-bottle
- Bugspray
- Money for 1 travel meal
- Phone Charger\*

\*They can bring their phones for the drive to and from camp, but will not be allowed to use them during camp\*

# First Presbyterian Church – Baton Rouge Liability Release Form

Participant Name \_\_\_\_\_ Date of Birth \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

As a participant or parent / guardian of above minor child and participant in the programs or events of First Presbyterian Church of the City of Baton Rouge I do hereby release, forever discharge and hold harmless it, and its agents, employees, officers, directors, pastors, trustees, volunteers and insurers (collectively "FPCBR"), from any and all liability, claims, or demands for personal injury, sickness or death, as well as property damage and expenses arising at or out of such events.

This release covers any and all transportation or drivers provided by FPCBR who are properly licensed to drive, whether driving church owned vehicles or privately owned vehicles. This release also covers meetings on the FPCBR property or any other site during programs and activities.

I further consent to emergency medical or dental treatment, including examination, diagnosis, treatment, anesthetic, and surgical treatment, agree to pay all costs and expenses associated therewith.

- Check here if you give FPCBR permission to publish and print, electronic, or video format the likeness or image of your child. By not checking this box, you release all claims against FPCBR with respect to copyright ownership and publication including any claim for compensation related to use of the materials.

## Participant's Insurance

Insurance Company: \_\_\_\_\_

Policy Number: \_\_\_\_\_

Known Allergies / Medication / Medical Problems: \_\_\_\_\_

\_\_\_\_\_

Name of Parent / Guardian \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Emergency Contact \_\_\_\_\_ Phone \_\_\_\_\_

Signature of Parent / Guardian \_\_\_\_\_ Date \_\_\_\_\_

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Staff Signature: \_\_\_\_\_